

Madeleine

Double layer
nursing top

Sizes 34 - 56



Madeleine

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About **Madeleine**

Madeleine is a fine double layer top with a practical opening for nursing. She can be made out of all lightweight stretch fabrics like jersey, viscose jersey or fine knit. The pattern includes sizes 34 – 56.

Size chart

The following chart will help you choose your correct size.

The pattern is designed for a height of 1.70m.

Size	34	36	38	40	42	44	46	48	50	52	54	56
Bust	90cm	94cm	98cm	102cm	106cm	110cm	116cm	121cm	126cm	131cm	136cm	141cm
Hips	88cm	92cm	96cm	100cm	104cm	108cm	112cm	118cm	124cm	130cm	136cm	142cm

Fabric recommendation

All lightweight stretch fabrics like jersey, viscose jersey or fine knit.

Fabric requirement

Size	34	36	38	40	42	44	46	48	50	52	54	56
Fabric Length	1,5m	1,5m	1,8m	1,8m	1,8m	2m	2m	2 m	2,2m	2,2m	2,5m	2,5m

Seam and hem allowances

The pattern does not include any seam or hem allowances, these need to be added individually, before you cut out the pattern.

All materials you will need for this project:

- Fabric (see above)
- Scotch tape to assemble the pattern
- Scissors, measuring tape, pins or fabric clips
- Sewing machine, Overlocker/ Coverlocker (if available), iron

Important information

- Before cutting out the top, please read the entire instructions!
- The pattern does not include any seam or hem allowances.
- To correctly open and print your pattern, please use Adobe Acrobat Reader.
- When printing your pattern please make sure you have scaled the file to 100 % or without any page adjustment.

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Cutting the shirt

Pattern Piece	Outer Fabric	Inner Fabric
Front outside	1x on fold	
Back outside	1x from double layer fabric	
Sleeve	1x from double layer fabric	
Front inside middle		1x on fold
Front inside side		1x from double layer fabric
Front inside below		1x on fold
Back inside		1x on fold



Cutting out the top

Fold the fabric, left sides facing and place the pattern piece for the middle part of the front inside layer with the marking "center middle/front" onto the fold.

Cut the pattern piece once on the fold.

Cut the pattern piece for the side parts of the front inside layer from a double layer of fabric.



Cut the lower part of the front inside layer once on the fold.



Cut the inside layer of the back once on the fold.



Cut the sleeves from a double layer of fabric.

Make sure to transfer the markings from the pattern onto the fabric pieces.



Cut the front outside layer once on the fold.



Cut the outside layer of the back from a double layer of fabric.



Sewing Madeleine

Fold the seam allowance of the front inside layer center and pin it.
Close the seam.



Fold the seam allowance of the front inside layer side and pin it.
Close the seam.



This is what your front inside layer looks like now. Now also hem the other side part.



Lay the side part in front of you, right side facing you and place the center part on top, left side facing the right side. The overlap should be 3 cm.



Pin the top edge and the bottom edge and stitch the two parts together with a few stitches within the seam allowance.

Repeat this with the other side part.



This is what the upper front part should look like now.

Now take the lower front part of the inner front layer.

Place the upper front part onto the lower front part, right sides facing.
Pin the parts and close the seam.



Now your front part, inner layer, looks like this.



Place the inner layer back piece onto the front piece, right sides facing and pin the shoulder seams.
Close the seams.





Now pin the side seam and close it.
Repeat this with the other side.



Fold the bottom seam of the inner top part
inside and pin it. Close the seam.

Your inner top part is completed.



Lay the front outside layer in front of you,
right side facing you.



Place the first outside layer of the back on top, right sides facing and pin the shoulder seams. Close the seam.

Repeat this with the other outside layer of the back.



Pin the side seams of front and back and close the seam.

Repeat this with the other side.



Place the two back pieces on top of each other, right sides facing. Pin the top part up to the marking and close the seam with straight stitch.



Iron the seam allowances on the reverse side of both back parts.



Fold the seam allowances inward and pin them, then close both sides.



This is what your hemmed back part should look like now.



Your outside top now looks like this.
Pin the bottom seam inside and close it.



Now the two tops will be sewn together on the neckline.

In order to do this, lay the outer top in front of you, right side facing you.



Now pull the inner top over the outer one.
The left side of the inner one is now on the right side of the outer one – just reverse to how it will be worn later.



Pin both necklines.



Stitch both parts together round the neckline.



Turn over the top. Now the inner part lies inside, the way it will later be worn.

Take the first sleeve.



Fold the sleeve lengthwise and pin the seam.
Close the seam and repeat this with the other sleeve.



Turn over the sleeve.





Now turn the top to the left side and pin the sleeve into the armhole. Make sure that the seam of the sleeve matches the side seam.

Mind that you pin both fabric layers and the sleeve.

Close the seam and repeat this with the other sleeve.



Fold the edge of the sleeve inward, pin it and close it.

Repeat this with the other sleeve.



You have completed your top Madeleine.

Here you can see the opening for nursing.

